



ARTICLE

Sojourner Truth: Ain't I A Woman?

Women's Rights National Historical Park (<https://www.nps.gov/wori/>)

Born into slavery in 1797, Isabella Baumfree, who later changed her name to Sojourner Truth, would become one of the most powerful advocates for human rights in the nineteenth century. Her early childhood was spent on a New York estate owned by a Dutch American named Colonel Johannes Hardenbergh. Like other slaves, she experienced the miseries of being sold and was cruelly beaten and mistreated. Around 1815 she fell in love with a fellow slave named Robert, but they were forced apart by Robert's master. Isabella was instead forced to marry a slave named Thomas, with whom she had five children.

In 1827, after her master failed to honor his promise to free her or to uphold the New York Anti-Slavery Law of 1827, Isabella ran away, or, as she later informed her master, "I did not run away, I walked away by daylight..." After experiencing a religious conversion, Isabella became an itinerant preacher and in 1843 changed her name to Sojourner Truth. During this period she became involved in the growing antislavery movement, and by the 1850s she was involved in the woman's rights movement as well. At the 1851 Women's Rights Convention held in Akron, Ohio, Sojourner Truth delivered what is now recognized as one of the most famous abolitionist and women's rights speeches in American history, "Ain't I a Woman?" She continued to speak out for the rights of African Americans and women during and after the Civil War. Sojourner Truth died in Battle Creek, Michigan, in 1883.



"I sell the shadow to support the substance." -- Sojourner Truth. Carte de Visite, circa 1864, in the collections of the Library of Congress (<http://www.loc.gov/pictures/item/97513239/>)

Sojourner Truth (1797-1883): Ain't I A Woman?

Delivered 1851

Women's Rights Convention, Old Stone Church (since demolished), Akron, Ohio

Well, children, where there is so much racket there must be something out of kilter. I think that 'twixt the negroes of the South and the women at the North, all talking about rights, the white men will be in a fix pretty soon. But what's all this here talking about?

That man over there says that women need to be helped into carriages, and lifted over ditches, and to have the best place everywhere. Nobody ever helps me into carriages, or over mud-puddles, or gives me any best place! And ain't I a woman? Look at me! Look at my arm! I have ploughed and planted, and gathered into barns, and no man could head me! And ain't I a woman? I could work as much and eat as much as a man - when I could get it - and bear the lash as well! And ain't I a woman? I have borne thirteen children, and seen most all sold off to slavery, and when I cried out with my mother's grief, none but Jesus heard me! And ain't I a woman?

Then they talk about this thing in the head; what's this they call it? [member of audience whispers, "intellect"] That's it, honey. What's that got to do with women's rights or negroes' rights? If my cup won't hold but a pint, and yours holds a quart, wouldn't you be mean not to let me have my little half measure full?

Then that little man in black there, he says women can't have as much rights as men, 'cause Christ wasn't a woman! Where did your Christ come from? Where did your Christ come from? From God and a woman! Man had nothing to do with Him.

If the first woman God ever made was strong enough to turn the world upside down all alone, these women together ought to be able to turn it back, and get it right side up again! And now they is asking to do it, the men better let them.

Obliged to you for hearing me, and now old Sojourner ain't got nothing more to say. [1]

But Wait!

There is some controversy regarding Sojourner Truth's famous 'Ain't I a Woman?' Speech listed above. There are different versions of the speech. The popular 'Ain't I a Woman' Speech was first published by Frances Gage in 1863, 12 years after the speech itself. Another version was published a month after the speech was given in the *Anti-Slavery Bugle* by Rev. Marius Robinson. In Robinson's Version the phrase 'Ain't I a Woman' is not present.

Compare the speeches and decide yourself at the [Library of Congress \(http://chroniclingamerica.loc.gov/lccn/sn83035487/1851-06-21/ed-1/seq-4/\)](http://chroniclingamerica.loc.gov/lccn/sn83035487/1851-06-21/ed-1/seq-4/) or at [The Sojourner Truth Project \(https://www.thesojournertruthproject.com/compare-the-speeches/\)](https://www.thesojournertruthproject.com/compare-the-speeches/). [2]

[1] This text is part of the [Internet Modern History Sourcebook \(https://sourcebooks.fordham.edu/mod/sojtruth-woman.asp\)](https://sourcebooks.fordham.edu/mod/sojtruth-woman.asp).

[2] This article first appeared on the [Women's Rights National Historical Park \(https://www.nps.gov/wori/learn/historyculture/sojourner-truth.htm\)](https://www.nps.gov/wori/learn/historyculture/sojourner-truth.htm) website.

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